

*We are very much looking forward to your stay at Skeet Hill House and Sadeh. Please read this useful guide and feel free to send it round to all participants in your group.*

## Kit list

- We provide a bottom sheet, pillows and pillowcases as well as blankets if it is very cold.
- Please bring all your own home comforts.
- Our commitment to leaving the environment better than we found it.
- We would like you to bring your own water bottle and a keepcup or equivalent as we are making a big effort to reduce our plastic waste.



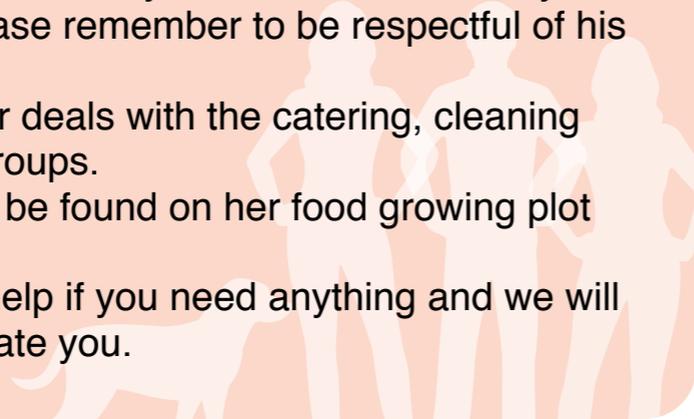
## Staff

**Bryan:** Our facilities manager is often on site if you need his help. Bryan is assisted by his trusty Labradoodle Alfie. Bryan also sleeps on site so please remember to be respectful of his sleep and his home.

**Julia:** Our house manager deals with the catering, cleaning and the bookings of the groups.

**Talia:** the CEO, can often be found on her food growing plot or in the meadows.

Please ask any of us for help if you need anything and we will do our best to accommodate you.



## Countryside

We are on 7 acres of countryside and you are welcome to explore our field, meadow, games area and food growing areas (please check with staff before going right into the vegetable patch). We do ask that you do not go through the hedges and do not feed the horses in the surrounding fields as this can make them sick.

If you wish to go for a walk along the country lanes, then these are narrow and it is advised to walk in single file wearing a safety vest. Cars come by fast and it is hard to see them. There are often people riding horses in the road as well so please talk in quiet voices as loud noises will spook them.

## Noise

We do have neighbours so please be respectful of them. Please keep the noise down throughout the site after 11pm.

Unfortunately we have had many complaints about the noise of groups and I would like to remind you that our neighbours know we are a Jewish charity and therefore this can reflect badly on the Jewish community.

# Welcome to SKEET HILL HOUSE & SADEH

*"Out beyond ideas of wrongdoing and rightdoing there is a field. I'll meet you there." - Rumi*



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## Waste

Your group is allotted one large wheelie bin per group. There is another large wheelie bin just for cardboard which we encourage you to use for free. Additional bins will be charged at **£50 a bin**. However if you use compostable single use items such as [vegware](#), [paper](#), [other paper](#) or [wooden](#) alternatives then **each additional bin is only £20**. Please let me know if you would like help sourcing these items.

## Meat

Meat and dairy is one of the [biggest contributors to climate change](#). Though meat on Shabbat is a very long standing Minchag, we ask you to think about your meat and dairy consumption during the week. Here is an [interesting video](#) on Talmudic and Biblical understandings of meat eating (it is in Ivrit with subtitles)

## Plastics

We are all aware of the extremely [destructive nature](#) of single use plastic and the Jewish community are [responding to this](#) as it is our religious responsibility. At Skeet Hill House we have a few recommendations:

- 1: Try and bring real plates/crockery with you
- 2: Bring water bottles instead of plastic cups
- 3: If you cannot bring real plates/crockery please consider washing up your single use plastic and using them for more than one meal.
- 4: Instead of plastic, buy [paper](#), [other paper](#) or [wooden](#) alternatives which are only a small bit more expensive but will save our beautiful planet.

B"H No single use plastic will be used at Skeet Hill House starting January 2020 in order to protect our world for our children and grandchildren.

## Charity and The Farm

At our farm shop we often have honey and veggies grown on the farm for sale onsite.

We support our local animal sanctuary charity and if you would like to give tzedakah (charity) we have a box for this and it is encouraged as part of our Jewish values.

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